

Audicia Lynne Morley MRSS(T), RCST, CICA, RSMT/E



Audicia is a fully qualified and registered practitioner and teacher with over 30 years experience in the disciplines of movement and the healing arts.

She has performed with international artists worldwide and her choreographic work spans both dance and theatre as full scale educational and collaborative performance touring projects.

Audicia is the inspiration behind the development of the Art House Environment - State Theta Galleries - *an international centre for the development of movement, health and the arts in East Lothian* and is co-director of the movement-based expressive arts programme - Tamalpa UK.

She has taught movement and somatics for many years internationally in private, public and university settings and in addition to her movement work, she runs a successful private practice in complementary health.

She is a student of the Evocative Leadership Mastery programme based in New Mexico and is also a graduate of the Tamalpa Institute, California.

Inspired by a deep interest in bridging Eastern and Western approaches to energy and the body she continues to research, study and work with renowned teachers and practitioners around the world.

- ✿ Choreographer, Dancer, Teacher, Artistic director of [State Theta Galleries](#).
- ✿ Co-director and Core faculty Teacher for the [Tamalpa UK Branch](#).
- ✿ UK [Planetary Dance](#) facilitator
- ✿ Served on the board of directors for the [Tamalpa Institute](#) from 2003 to 2009
- ✿ Director of Seed Scotland CDP programmes [The School For Experiential Education](#)
- ✿ [ISMETA](#) registered Teacher and Therapist International Somatic Movement Education and Therapy Association
- ✿ Registered teacher and practitioner in Complementary Health at [Delicate Zen](#)

- ✿ [Movement Summary](#)
- ✿ [Movement Detail](#)
- ✿ [T'ai-Chi Chuan and Chi Gung Training](#)
- ✿ [Professional Dance Work](#)
- ✿ [Bodywork Summary](#)
- ✿ [Bodywork Detail](#)

Movement Summary

[\(A detailed movement history is available here\)](#)

Audicia's parents and grandparents were involved professionally in theatre and dance and these creative roots have greatly influenced and directed her inner passion for movement, leading her on a continuous journey of study, travelling, teaching and performing.



Movement studies include:

- ✿ Contemporary Dance
- ✿ Butoh Dance
- ✿ Contact Improvisation and Release Technique
- ✿ T'ai-Chi Chuan
- ✿ Yoga
- ✿ Pilates
- ✿ Chi Gung

Somatic studies include:

- ✿ Body-Mind Centering
- ✿ Authentic Movement
- ✿ The Alexander Technique
- ✿ Tamalpa Life Art Work

After completing a 3 year Dance and Theatre Arts training at London University Audicia went on to study [T'ai-Chi Chuan](#) and [Yoga](#) in The Far East.

On returning to the UK she was invited to perform at the Edinburgh Festival and since then has been resident in Scotland.

She spent over 10 years teaching at Scotland's International Centre for Dance - Dance Base. Audicia was one of the original team of teachers and dancers who developed the concept of a centre for dance in Scotland in the late 1980's.

She has worked for many Performance, Dance and Theatre companies in London, Paris, Amsterdam, USA and the Far East as performer and choreographer including [The Rosemary Butcher Dance Company](#).

In the early-nineties she formed her own ensemble - [State Theta - Collaborative Arts Performance Company](#). The company specialized in taking imaginative and collaborative professional performance alongside workshop /performance participatory events to the Highlands and Islands and other outlying areas of Scotland. These major touring works collaborated with Scientists and Anthropologists creating work resonant with and unique to Scotland.

In 1996 she began Somatic Movement Studies at the Fellside Alexander School, Cumbria under the pioneering directorship of Don Burton and subsequently travelled to the US to study [Body Mind Centering](#) with Bonnie Bainbridge Cohen.

In 1999 Audicia began studying with [Anna Halprin](#) and the [Tamalpa Institute](#) California and was invited onto the graduate board of directors between 2003 and 2009. She subsequently completed the leadership programme in the [Tamalpa Life Art Process](#).

Movement Summary continued...

Audicia is Artistic Director of [State Theta Galleries](#).

The centre provides a large gallery space for multi-modal use, displaying art-works as well as providing a studio space for movement, research, practice and teaching. The visioning and manifestation of State Theta Galleries, involved the total renovation and re-design of the Old Church Hall in Ormiston, one of Scotland's famous model agricultural villages, which currently lies in a designated coal fields regeneration area of East Lothian.

“We have maintained the traditional public use of the building, offering community and professional access for the purpose of sharing, participating, learning and developing through creative movement arts. The Center has established various projects, courses, CDP programmes and special events since opening in 2008 and attracts both local and international visitors.”



At State Theta Galleries Audicia teaches regular weekly classes in [Pilates](#), [Yoga](#), [T'ai-Chi Chuan](#), [Circle Dance](#) and [Chi Gung](#)

In 2010 Audicia participated in the [First Planetary Dance](#) facilitators workshop with Anna Halprin in California.

The Planetary Dance was devised by [Anna Halprin](#) and community in the late 1970's as a call to enact a positive myth in dance. It has now been performed in over 35 countries around the world and the vision is to circle the Earth with this dance for peace.

“The Planetary Dance is a dance that transcends cultural and temporal barriers, a dance that speaks to the community that makes it, and a dance that addresses contemporary issues as they are experienced by all people on this planet... It has a purpose”: Anna Halprin

Audicia has since presented the Planetary Dance at major conferences, community events and ceremony teachings.

In 2010 Audicia collaborated with American artist and close associate to Anna, [Taira Restar](#). Together they produced and directed a Scottish premier of Anna Halprin's *City Dance* - [City Dance Edinburgh](#), and organised the UK premier of awarded winning film documentary [Breath Made Visible](#) about Anna's life and work. This was performed at the Edinburgh Fringe Festival. *City Dance Edinburgh* was a large scale dance performance project that supported both professional and community engagement moving within and throughout the environment of the city.

In 2011 Audicia began collaborating with the Rev. Di Williams MBE, exploring the relationship between contemplative and creative practice using the Labyrinth and the Tamalpa Life Art Work as mediums of exploration.

In 2012 Audicia was invited to be co-director of the first movement based expressive arts training programme in the UK - [Tamalpa UK](#)

In the Level I Training, participants are given the opportunity, and the challenge, to explore their personal material within a disciplined structure. Working with intermodal art mediums - shifting between movement, drawing, vocalizing, written and spoken dialogues - we work with and reflect on our history, who we are now and the changes that we would like to embody in order to live more artfully in all aspects of our lives.

2012. Audicia was awarded a Creative Scotland bursary to explore Evocative Leadership Mastery, a programme based on pre-Mayan Earth-based wisdom in relation to the arts under the mentorship of WindEagle and RainbowHawk at the Ehama Institute, New Mexico.

2013/14. The Tamalpa-UK Level 1 Training programme was hosted at State Theta Galleries.

Acknowledging roots and respecting teachers

These are some of the international artists and pioneers in the field Audica has worked with:

- ☼ Bonnie Bainbridge Cohen www.bodymindcentering.com USA
- ☼ Anna Halprin www.annahalprin.org USA
- ☼ Ben Suharto www.youtube.com/watch?v=Du1I1PDuGc, Indonesia
- ☼ Jamie McHugh www.somaticexpression.com USA
- ☼ Nancy Stark Smith www.nancystarksmith.com USA
- ☼ Suprpto Suryodarmo www.lemahputih.com Indonesia
- ☼ Kazuo Ono www.kazuoonodancestudio.com Japan
- ☼ Sandra Reeve www.moveintolife.com UK
- ☼ Helen Poyner www.walkoflife.co.uk UK
- ☼ Rosemary Butcher www.rosemarybutcher.com UK
- ☼ Miranda Tufnell www.mirandatufnell.co.uk UK
- ☼ David Glass UK
- ☼ Dr Bisong Guo www.shenfoundation.net/
- ☼ WindEagle and RainbowHawk www.evocativeleadershipmastery.com/



Detailed Movement History

1977-80 University of London. Diploma in Dance and Theatre Arts.

1980-82 The Place - London School of Contemporary Dance

1980-90 Freelance Performer and Choreographer with dance theatre companies.

1982 Began studying at the British School of T'ai-Chi Chuan in London and continued this study with various teachers in Hong Kong, mainland China and Taiwan between 1987-89.

1982 - present Open dance classes in:

- ✿ Contact improvisation
- ✿ Release
- ✿ Contemporary technique
- ✿ Ballet

1985 - present Hatha Yoga. London and Scotland.

1986 Butoh Dance. Japan, France, U.K. (Kaso Ohno, Ko Murobushi, Mintanata Bodyweather)

1987 Was awarded an Arts Council training bursary to study T'ai-Chi Chuan and its relationship to dance.

1990 Founded State Theta, Collaborative Arts Performance Company as a development of research into T'ai-Chi Chuan and dance.

1993-95 Studied at the Fellside Alexander School in Cumbria on a one year developmental course and subsequently went on to do the first year of a three year teacher training course in the Alexander technique. Whilst attending the school, taught Movement Shiatsu and its relationship to the Alexander Technique as part of the teacher training programme.

1996-97 Studied with Indonesian Dance masters, Ben Suharto and Suprpto Suryodarmo, in Healing Movement and Amerta Movement.

1999-2002 Body-Mind Centering in the US with Bonnie Bainbridge Cohen. Berkeley, California and Amherst, Massachusetts

Certified Practitioner Programme:

- ✿ The Skeletal and Organ Systems
- ✿ Developmental Patterns and Primitive Reflexes
- ✿ The Ligamentous and Fluid Systems
- ✿ The Nervous and Endocrine Systems
- ✿ Studying Movement through the first year of life

1999 Awarded Scottish Arts Council Choreographic Development Award.

Performance *Teetering on the Edge of Stillness* an enquiry into the emergence of cellular life and death based on BodyMind Centering work.



Detailed Movement History continued...

2000 Expressive Arts Therapy and Education.
Anna Halprin - The Tamalpa Institute. USA.

2001 Level 1 training at The Tamalpa Institute, California.
(Scottish Arts Council Training Bursary)

2001 Scoring and Movement Ritual with Anna Halprin. California.

2003 Authentic Movement with Zoe Avstreich. The Naropa Institute,
Boulder, Colorado.

2003 Attended the 25th Anniversary Conference for The Life Art Process.
California.

2003 Began studying various styles of yoga in particular the work of Vanda
Scaravelli

2003 European Contact Improvisation Teacher's Conference. Findhorn, Scotland.

2004 Attended and performed at ECITE conference in Greece with choreographer and director
Dieter Heitkamp from the Goethe Institute in Berlin.

2004 Attended BodySurf Scotland New Year event. A contact improvisation and 5 rhythms retreat.

2004 Scottish Arts Council bursary to attend Advanced Workshop lead by Daria Halprin in Hawaii.
Assistant to Daria in public workshops.

2005 Attended advanced workshop in the Life Art Work in Switzerland. Led by Daria Halprin

2006 Began working on creating a dedicated space for Movement and The Healing Arts in East Lothian.

2006-2008 awarded certificate of completion Teacher Training Programme in Movement based Expressive
Arts and Therapy, [Tamalpa Institute](#), California

2008 Qualified in Pilates matwork with the [Pilates Foundation](#) UK

2009 Certificate of completion: 120 hours Yoga training with [Marc Woolford](#) ([Scaravelli](#) approach)

2010 Certificate of completion: Facilitators workshop in the presentation of the [Planetary Dance](#) run by [Anna Halprin](#) CA

2010 - present. Facilitated [Planetary Dance events](#) both at home and abroad.

2010 Healing Movement and [Amerta Movement](#) with Suprpto Suryodarmo.

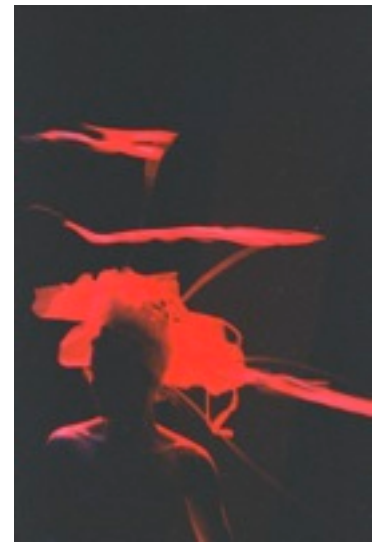
2011 Began collaboration with the Rev [Di Williams](#) MBE in contemplative and creative practice - Scotland

2011 Official documenter for the 2nd Planetary Dance Facilitators workshop - USA

2012 Assistant to [Anna Halprin](#) at Mountain Home Studio, summer programme - USA

2012 Studied with Sandra Reeve - [Move into Life](#) - UK

2012 Awarded [Creative Scotland](#) bursary to attend [Evocative Leadership Mastery](#) Programme in New
Mexico



Audicia Lynne Morley - Curriculum Vitae - Movement and Health

2012 Invited to become assistant director and core faculty for [Tamalpa UK](#)

2013 Co-director of Tamalpa UK and hosted Level 1 Training at State Theta Galleries.

2013 Teacher training with [The Aquaviva Yoga School](#) in Scaravelli Yoga

T'ai-Chi Chuan and Chi Gung Training

1982 - 1990 Trained at the British School of T'ai-Chi Chuan under the direction of John Kells studying Yang style short and long forms, left and right plus Darlou and Energy work.

1984 - 1986 WuTan school of T'ai-Chi Chuan , Scotland under the direction of Sifu Ian Cameron.
Wu style square and round forms.

1986 Received bursary from Scottish Arts Council to study T'ai-Chi Chuan and its relationship to dance.

1986 WuTan T'ai-Chi Chuan. Hong Kong and mainland China under the direction of Sifu Cheng Tin-Hung.
Studied weapon forms, straight sword and sabre.

1988 Yunnan Provence, mainland China. Dual T'ai-Chi Chuan and Chi Gung.
Grand Uncle Master Yang.

1990 - present Various forms of Chi Gung from visiting specialists including Zen Jing in both the UK and USA.

2011 Inner Alchemy Chi Gung with Dr Bisong Guo

2013 Taiji Qijong with Master Zhongxian Wu



Professional Dance Work

State Theta Productions:

- 1989-90 **The Transformations Project**
- 1990 **Just Beyond**
Collaboration with Batik Artist, Jill Denton. Performance based on Creation and Evolution
- 1990 **Daucus carota**
Collaboration with writer Tom McGrath. Based on Celtic mythology.
- 1990 **Reply**
Collaboration with actor John Cobb. Based on the film 'The Heart of the World'
- 1992-93 **The Quartz Cycle**
Collaboration with geologist Dr. Graham Durrant. Directed by David Glass. Based on the geology of Scotland
- 1994 **The Pilgrimage**
Audio-visual installation. Tain, Ross-shire. Designed and installed this computer- integrated light, music and slide show.
- 1995 **Gold**
Collaboration with Designer Dorinda Johnson and Gaelic writer DW Stuibhart. Directed by Pete Purdey. Based on the Kogi people of Colombia in collaboration with BBC documenter Alan Ereira
- 2002 **Presentation**
Video retrospective of the work of State Theta. California.



Other Companies worked with:

1981-83	Media Arts Group	London
1983-86	Axis Dance Company	Scotland (co-directed)
1985-87	Catalyst Theatre Company	Scotland
1986-88	Tom Yang Company	Scotland, China, Taiwan
1989-91	Rosemary Butcher Dance	London
1989	David Glass Mime Ensemble	London
1989-present	State Theta	Scotland (co-founded)
1990	Theatre Workshop	Scotland
1993	Royal Lyceum Theatre	Scotland
1994	Scottish Early Music Consort	Scotland
1995-97	Group N	Scotland and England
1996	Sara Porter	Scotland
2002	Leah Stein	Scotland
2004	Deiter Heitkamp	Greece
2005	Mirav	Scotland

Choreographies and solos:

1982	Animals	London
1983	Passing	London School of Contemporary Dance - Commission
1983	The Floating Point	Scotland
1984	Lumina	Scotland
1985	Fire Dance	Scotland
1986	Air	Scotland
1987	The Bear and the Unicorn	Taiwan
1988	St. Abbs	London
1988	Shifts	London
1989	Transformations	London
1990	Just Beyond	Scotland
1991	Reply	Scotland
1991	Flute Solos 1	England, Ireland
1992	Flute Solos 2	England
1992	The Quartz Cycle	Scotland, Wales * <i>Scottish Arts Council Funded</i>
1993	Flute Solos 3	England
1995	Gold	Scotland, Wales * <i>Scottish Arts Council Funded</i>
1996-98	Dedicated Solos	Scotland. <i>Dedicated to Ben Suharto</i>
1999	Teetering on the edge of Stillness	Scotland * <i>Scottish Arts Council funded</i>
2002	Ancestors	USA
2004	Voices	Greece



Choreographic Collaborations:

1983	Forms of Recreation	Axis Dance Company, Scotland
1983	Faces and Hands	Axis Dance Company, Scotland
1984	Shaping Light	Axis Dance Company, Scotland
1985	The Creation	Catalyst Theatre Company, Scotland
1985	Chromosome	Catalyst Theatre Company, Scotland
1985	The Lighthouse	Axis Dance Co. Lindsay John, Tom Yang
1986	Trigon	Axis Dance Co. Tom Yang
1986	View From Here	Axis Dance Co. Tour of Scotland
1986	Egyptian Landscapes	Catalyst Theatre Co
1986	Kuoga	Catalyst Theatre Co.
1986	Dance for Africa	Catalyst Theatre Co.
1986	Why I Chose Red	Sam Ainsley, Lindsay John, Scottish TV
1987	Black Wings	Tom Yang Co. Scotland, China
1987	Making Faces	Tom Yang, Tom McGrath. Scotland
1987	Raj a Jar	Tom Yang Co. Scotland, China
1987	The Faerie Points The Way	Tom Yang Co. Taiwan
1988	Holding Up	John Bradley(painter) & Julia Clark(dancer) London
1988	The Tortoise, the Snail and the Toadstool	Tom Yang Co. London
1988	Desiderata	Tom Yang Co. London
1988	Landscapes	Richard Cherns and Derek Houghton (musicians, Scotland)
1988	Three Free and Thunder	Derek Houghton(musician) London, Warwick
1989	For Our Great Grandmother and Great Grandfather	Derek Houghton (musician). Scotland

Bodywork Summary

[\(A detailed bodywork history is available here\)](#)



Audicia is Artistic director of State Theta Galleries and Delicate Zen Complementary Health Clinic.

She holds the following bodywork qualifications:

- ✿ Fully registered and qualified practitioner and teacher with the [Shiatsu Society](#). **MRSS (T)**
- ✿ Registered Somatic Movement Therapist and Educator with [ISMETA](#). **RSMT/E**
- ✿ Post Graduate in [Movement Shiatsu](#) and the Six Forms of Touch.
- ✿ Post Graduate in Craniosacral Therapy. Registered with the [Craniosacral Association](#). **RCST**
- ✿ Certificate in Clinical Aromatherapy. **CICA**
- ✿ Diploma in Lymphatic Drainage Massage **Dip.LMD**
- ✿ Diploma in On-Site Massage. **Dip.OSM**

Through [Delicate Zen](#) she runs a private practice in:

- ✿ [Shiatsu](#)
- ✿ [Aromatherapy](#)
- ✿ [Craniosacral Therapy](#).
- ✿ [Lymphatic Drainage Massage](#)
- ✿ [Somatic Movement Therapy](#)

Audicia is graduate in the [Halprin Life Art Process](#) from the [Tamalpa Institute](#), California.

As director of SEED (Scotland) since 1998 she has run the following courses;

- ✿ Experiential Anatomy
- ✿ Movement for Health
- ✿ Movement Shiatsu and The Six Forms of Touch
- ✿ Movement Ritual and The Blue Woman Workshops

Over the years she has worked in major corporations offering massage and movement for stress management.

In August 2010 she was invited to join the new [team of SEED teachers](#). She has supported the development of post-graduate training programmes in Movement Shiatsu in Scotland, inviting founder of the work, [Bill Palmer](#), to run various programmes at State Theta Galleries.

Audicia is a facilitator of [The Planetary Dance](#) - a community dance ritual for healing.

In 2012 Audicia was awarded a [Creative Scotland](#) bursary to explore [Evocative Leadership](#) under the mentorship of RainbowHawk and WindEagle, founders of the [Ehama Institute](#).

She continues to develop her work and research in the fields of Health, Movement and the Arts.

"Audicia has an astounding ability to make creative connections between the diverse fields of study she has mastered. As facilitator she is able to consequently inspire insight and enthusiasm making it a delightful and lively journey for all. I have thoroughly enjoyed studying with her and highly recommend her work and State Theta Galleries."

- Tamalpa UK student.

Detailed Bodywork History

Roots in dance, acting, medicine and creativity have greatly influenced and directed the fields of expertise Audicia has followed.

Both her parents and grandparents were involved professionally in theatre and dance and her great grandfather was the renowned surgeon and physician [F.T. Paul](#) of Guys Hospital, London and the Royal Infirmary, Liverpool.

1977-80 Originally trained as a *dancer* at London University . On completing this dance training she began exploring various forms of alternative movement, which led her into body work.

1986-1996 Studied with [Bill Palmer](#) who has, through his own research into Chinese Medicine, Shiatsu, Meditation, Voice and Body Mind Centering, developed *Movement Shiatsu and The Six Forms of Touch* to post graduate level.

1990 Began full time training at [Glasgow School of Shiatsu](#) and graduated from the [Shiatsu Society](#) of Great Britain in 1994 as a registered practitioner MRSS.

1993-95 Studied at the Fellside Alexander School in Cumbria on a one year developmental course and subsequently went on to do the first year of a three year teacher training course in the Alexander technique. Whilst attending the school, taught Movement Shiatsu and its relationship to the Alexander Technique as part of the teacher training programme.

1996 Established bodywork practice at [The WholeWorks](#), Edinburgh.

1996-97 Studied with Indonesian Dance masters, Ben Suharto and Suprpto Suryodarmo, in Healing Movement and Amerta Movement.

1997 Awarded Diploma of On-Site Massage (Distinction) from the [Academy of On-Site Massage](#) UK

1998 Founded the Edinburgh branch of [SEED](#) (School for Experiential Education) under the directorship of Bill Palmer.

1998-99 Post Graduate Training in [Craniosacral Therapy](#) at the [Karuna Institute](#) in Devon gained under the direction of Franklyn Sills.

1999 Began studying on the Certified Practitioner Programme in [Body Mind Centering](#) in the US with Bonnie Bainbridge Cohen.

1999 Awarded [Scottish Arts Council](#) Choreographic Development Award. Performance - Teetering on the Edge of Stillness - an enquiry into the emergence of cellular life and death.

1999 Awarded Certificate of Participation in Workshop for Shiatsu for Babies by [Scottish Association of Baby Massage Instructors](#)

1999 Awarded Certificate of Completion in Professional Training Course in Somatic Trauma Therapy with [Babette Rothschild](#)

2000 Attained teaching status from the [Shiatsu Society](#) of Great Britain:- MRSS(T).



Detailed Bodywork History continued...

2000 Co-founded [The Shiatsu School, Edinburgh](#). Currently running 3 years of an accredited practitioner programme.

2000 Awarded Certificate in Lymphatic Drainage Massage from the [European School of Healing and Complementary Medicine](#)

2003 Awarded Certificate of Completion in foundation level Core Process Psychotherapy from the [Karuna Institute](#) (member of [UKCP](#))

2010 Post Graduate update in [Movement Shiatsu and the 6 Forms of Touch](#)

2010 Movement Shiatsu Summer School. (Spain)

2012 Registered Somatic Movement Therapist and Educator RSM/RSME with [ISMETA](#)

2013 [Movement Shiatsu and the Six Forms of Touch](#) - post graduate.

